


**TCVGH 2025 International Medical Conference  
Post-Traumatic Stress Disorder: Past, Present and Future**

Speaker Information Form

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**Abstract( 200 words) :**

Post-traumatic stress disorder (PTSD) is a significant mental health challenge worldwide, but its manifestations and trajectories are deeply shaped by cultural and contextual factors. Taiwan, having faced a series of large-scale collective traumas over the past three decades, including the 1999 Chi-Chi earthquake, Typhoon Morakot, the 2014 Kaohsiung gas explosions, the 2015 Formosa Fun Coast burn disaster, and the SARS and COVID-19 outbreaks, offers a unique lens through which to understand the epidemiology and course of PTSD. This presentation will synthesize evidence from Taiwanese studies across diverse populations, including children, elderly Indigenous communities, burn survivors, first responders, and healthcare workers. Key findings highlight that PTSD prevalence is often high in the acute phase and may persist for years, with risk shaped by exposure severity, bereavement, ongoing pain, and limited social support. Despite resilience and evidence of post-traumatic growth, a substantial subgroup continues to experience chronic morbidity. Measurement approaches in Taiwan have ranged from structured diagnostic interviews and standardized self-report scales to population-based insurance data, though gaps remain in longitudinal follow-up, biometrics, and digital assessment. These lessons underscore the urgent need for innovative strategies, including AI, VR, and novel therapeutics, to improve prevention, monitoring, and treatment of PTSD in Taiwan.